

**American Red Cross - Course Registration
Form Emergency Response/First Responders
PLEASE PRINT (Make checks payable to the
American Red Cross) \$190**

Name _____

Daytime phone _____

Mailing
Address _____

City _____ State _____ Zip _____

E-mail _____

Class Name: Emergency Response/First
Responder Course

If paying by credit card, please provide:

Type of Card and number:

Expiration Date _____

Name of cardholder (if different than student's
name):

Signature of cardholder:

Refunds will not be given for no-shows,
unsuccessfully completing the course or for
course materials. We must receive notification
of withdrawal or transfer for classes two
business days prior to receive a refund.
Students may transfer to another class once, if
we are notified within two-business days
advance notice without penalty. A \$5.00
processing fee will be assessed if additional
transfer occurs.

Get a kit



Make a plan



Be informed



**American Red Cross
Cornhusker Regional Chapter
Preparedness Education
Emergency Response / First
Responder Course
\$190**

**Attention: Sue
220 Oakcreek Drive
Lincoln, NE 68528
402-441-7997**

**www.CornhuskerRedCross.org
albys@usa.redcross.org**



American Red Cross

Cornhusker Chapter

**Emergency
Response/
First Responders
Course**

September – December 2010

www.CornhuskerRedCross.org

402-441-6390

September 2010

Emergency Response / First Responders Course

\$190

Approximately 55 hours

Prerequisites: Current certification in Professional Rescue CPR/AED for the Healthcare Provider (for information in Professional Rescue CPR/AED courses, see our website at www.CornhuskerRedCross.org > Get Trained).

The Emergency Response Course will train individuals with the knowledge and skills necessary to work as a first responder in an emergency to help sustain life, reduce pain and minimize the consequences of injury or sudden illness until more advanced medical help can arrive. You will also learn how to:

- Explain how the EMS system works and how often the first responder's role in the EMS system differ from a citizen responder's role;
- Describe steps to assure the well being of the first responder;
- Identify guidelines to follow to ensure the personal safety of the first responder and the safety of others at an emergency scene;
- Explain what happens in the body if one or more body systems fail;
- Identify ways in which diseases are transmitted and describe body substance isolation techniques to prevent disease transmission;
- Describe when to move a victim in an emergency and the appropriate methods for doing so;
- Explain and demonstrate how to assess a victim's condition;
- Recognize breathing emergencies, such as airway obstruction, and provide proper care for them;
- Identify breathing devices and demonstrate how to use them;
- Recognize the signs and symptoms of a possible heart attack, and describe how to care for someone who is experiencing persistent chest pain and/or other signs and symptoms of heart attack;

- Recognize the signs of cardiac arrest, and demonstrate how to provide cardiopulmonary resuscitation (CPR);
- Identify the major risk factors for cardiovascular disease and injury, and describe how to control them;
- Recognize life-threatening bleeding and demonstrate how to control it;
- Recognize the signs and symptoms of shock (hypoperfusion), and describe how to minimize its effects;
- Recognize the signs and symptoms of various soft tissue and musculoskeletal injuries, and demonstrate how to care for them;
- Recognize the signs and symptoms of medical and behavioral emergencies, including altered mental status, seizures, poisoning, heat and cold emergencies, and stroke and describe both general and specific care for medical and behavioral emergencies;
- Describe common types of medical and trauma emergencies in infants and children and how to care for them; and
- Explain the role of the first responder in EMS operations.

To obtain your certification you need to:

- Attend and participate in all course sessions;
- Demonstrate competency in all required skills listed on the skills checklist;
- Participate in all skills sessions and scenarios; and
- Pass the final written exam with a score of 80 percent or better.

The instructor is willing to schedule additional days on the weekend to get through the course more quickly. Optional dates or longer class times will be discussed with the students on the first days of class and throughout the course.

Students are welcome to bring beverages with them to class so long as they are in an enclosed container. We do have a pop machine on site.

The Cornhusker Regional Chapter of the American Red Cross is a State certified EMS Training Agency. Students who successfully complete the Emergency Response Course will be eligible to test for the National Registry. Students testing for the National Registry will need to complete an application; provide a copy of birth certificate or current driver's license to show evidence

of being at least eighteen years of age. **There will be additional paper work and fees for this testing.**

For additional information on the application and certification process of becoming a member of the National Registry of Emergency Medical Technicians see their web site at: https://www.nremt.org/nremt/about/reg_1st_history.asp#Entry_Requirements. Your instructor will also provide information on testing locations towards the end of your course.

The American Red Cross does not provide placement assistance for those seeking employment as a First Responder.

Day / Date	Time	Location
Tuesday, September 28 Thursday, September 30 Tuesday, October 5 Thursday, October 7 Tuesday, October 12 Thursday, October 14 Tuesday, October 19 Thursday, October 21 Tuesday, October 26 Thursday, October 28 Tuesday, November 2 Thursday, November 4 Tuesday, November 9 Thursday, November 11 Tuesday, November 16 Thursday, November 18 Tuesday, November 23 Tuesday, November 30 Thursday, December 2	7:00 PM – 10:00 PM	Class will be held at: American Red Cross Cornhusker Chapter 220 Oakcreek Drive Lincoln, Nebraska *use the Southwest Training Entrance

If you have questions about this class call the Red Cross at 441-6390.



American Red Cross